

**WELCOME TO THE 2008  
CONNECTICUT COLLEGE  
GIRLS SUMMER LACROSSE  
CAMP**

Connecticut College Girls Lacrosse Camp is a teaching camp where girls of all ages can learn new skills, compete in fun games, and grow as lacrosse players and athletes. This is a great opportunity for players to receive individual attention in a positive atmosphere and work with a great coaching staff of collegiate coaches and players.

**STAFF**

This year's camp staff will be made up of Connecticut College's women's lacrosse coaches and players, as well as coaches and players from other DI and DIII schools.

**Daily Schedule:**

*August 4<sup>th</sup> – 8<sup>th</sup>*

Girls will be placed in groups based on age and ability level. These groups rotate to different stations throughout the day. A typical day at camp....

9-11am	Drop off / Skills session
11am-12pm	Instructional Video/Pool
12-1pm	Lunch
1-2pm	Cross-training
2-4pm	Afternoon session

**\*Camp Ends at 12:00 pm on Friday,  
August 8<sup>th</sup>**

**Medical Waiver Form**

A State medical form will be sent after you register and must be completed before the start of camp. You do not need the state form as long as your proof of physical exam in the past 36 months is signed and dated by your physician.

**Equipment**

Each player is responsible for bringing her own stick, goggles, mouth guard, cleats / sneakers and water bottle. Goalies must provide their own appropriate protective gear.

**Camp Store / Lunch**

Each day campers will have the choice to bring their own bagged lunch or there will be a concession stand available with pizza and snack type items, including soda, juice, water, candy and chips. (We will refrigerate bagged lunches)



**APPLICATION**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_  
 Age \_\_\_\_\_ Yrs Played \_\_\_\_\_ DOB \_\_\_\_\_  
 School \_\_\_\_\_  
 Position(s) \_\_\_\_\_

**INSURANCE**

Health Insurance Co \_\_\_\_\_  
 Policy # \_\_\_\_\_

**EMERGENCY MEDICAL SIGNATURE**

Signing below indicates your agreement to allow the camp to provide emergency and routine medical care for your child. This is also a consent form that says you are aware of the inherent risks associated with a contact sport such as lacrosse. You also agree that your child will heed all rules and regulations of the camp or face dismissal without refund.

\_\_\_\_\_  
 Parent/Guardian signature      Date

**Cost: \$200 per player**

\*Each player will receive reversible jersey and lanyard

**Make Checks Payable To:**

*“Connecticut College Lacrosse”*

**Registration Deadline:** Payment is due in full with registration by **July 15, 2008.**

## Camp Directors:

**Heather McClelland** is in her third year as head coach of the Camels. Prior to arriving at Conn College, McClelland was the head coach at the University of New Haven for one year and served as an assistant coach at Wesleyan University. McClelland has directed and coached at various camps along the east coast, including Princeton Elite, The Lacrosse School and multiple Warrior camps. As a player, McClelland enjoyed a highly successful career at Lafayette College. She was an explosive offensive player who earned Rookie of the Year honors, and in back to back seasons was named Patriot League Offensive Player of the Year.

**Elizabeth Ghilardi** is in her second year as the assistant women's lacrosse coach at Connecticut College. Ghilardi graduated in 2006 from Colby College with a BA in Human Development. As a player for the Mules, she helped lead the team to their first ever NCAA appearance and NCAA first round victory. Ghilardi served as co-captain, was selected team MVP and earned IWLCA Regional All-America honors her senior year. Ghilardi also has extensive coaching experience from working various camps, including working with Amonte Sports for the past four summers.

## 2008 Connecticut College Women's Lacrosse Game Schedule

### March

Sat.	8	@Bowdoin	12:00pm
Thurs.	13	<b>Endicott</b>	4:00pm
Sat.	15	@Middlebury	1:00pm
Tues.	18	@Colorado (CO)	6:00pm
Thurs.	20	@Regis (CO)	4:00pm
Fri.	21	@Goucher (CO)	4:00pm
Weds.	26	<b>Tufts</b>	4:30pm
Sat.	29	@Amherst	12:00pm

### April

Wed.	2	<b>Wesleyan</b>	4:30pm
Sat.	5	<b>Bates</b>	11:00am
Weds.	9	@Mt. Holyoke	4:30 pm
Tues.	15	@ECSU	4:00pm
Sun.	20	<b>Colby</b>	11:00am
Weds.	23	<b>Williams</b>	4:30pm
Sat.	26	@Trinity	11:00am

\*Home Games in Bold



RETURN TO:  
Elizabeth Ghilardi  
Connecticut College  
Athletic Center  
270 Mohegan Ave  
New London, CT 06320

## CONNECTICUT COLLEGE GIRLS LACROSSE CAMP



GIRLS GRADES 4<sup>TH</sup> – 12<sup>TH</sup>  
9:00am – 4:00pm

AUGUST 4<sup>TH</sup> – 8<sup>TH</sup>, 2008

Directors: Heather McClelland /  
Elizabeth Ghilardi

Connecticut College  
Women's Lacrosse

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