

# CONNECTICUT COLLEGE

## Cross Country

## Track & Field

### Personal Information:

Full name: \_\_\_\_\_ Name you go by: \_\_\_\_\_ M F

Home address: \_\_\_\_\_ Home phone: \_\_\_\_\_

Town, state, zip: \_\_\_\_\_ Cell phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Relatives who have attended Connecticut College: \_\_\_\_\_

Mother's name: \_\_\_\_\_ Occupation: \_\_\_\_\_ College: \_\_\_\_\_

Father's name: \_\_\_\_\_ Occupation: \_\_\_\_\_ College: \_\_\_\_\_

Have you visited Connecticut College? \_\_\_\_\_ Had a tour? \_\_\_\_\_ An interview? \_\_\_\_\_

Will you be applying Early Decision? \_\_\_\_\_ Will you be applying for financial aid? \_\_\_\_\_

What other schools are you considering? \_\_\_\_\_

### Academic Information:

High school: \_\_\_\_\_ Year of graduation: \_\_\_\_\_

Class rank: \_\_\_\_\_ out of: \_\_\_\_\_ GPA: \_\_\_\_\_ Is it weighted?: \_\_\_\_\_

SAT-I Reading: \_\_\_\_\_ SAT-I Math: \_\_\_\_\_ SAT-I Writing: \_\_\_\_\_ ACT: \_\_\_\_\_

SAT subject test scores (list subjects): \_\_\_\_\_

Academic interests: \_\_\_\_\_

**COMPLETE BOTH SIDES AND RETURN THIS FORM TO:**

Ned Bishop  
Connecticut College, Box 5613  
270 Mohegan Avenue  
New London, CT, 06320

**If you have completed 11<sup>th</sup> grade, please enclose the following materials with your form:**

- Your up-to-date high school transcript (including 12<sup>th</sup> grade classes to be taken).
- A copy of your High School Profile (available from your guidance counselor).

## Cross Country Information:

Circle the grades in which you have run **cross country**: 7 8 9 10 11 12

Your coach: \_\_\_\_\_ His/her e-mail: \_\_\_\_\_

List your best times for any/all of the following **cross country** distances:

2.5 miles (4k): \_\_\_\_\_ 3 miles: \_\_\_\_\_

3.1 miles (5k): \_\_\_\_\_ Other (specify): \_\_\_\_\_

List your best times for any/all of the following specific **cross country** courses:

Wickham Park, CT (4k): \_\_\_\_\_ Van Cortlandt Park, NY (4k): \_\_\_\_\_

Wickham Park, CT (5k): \_\_\_\_\_ Van Cortlandt Park, NY (5k): \_\_\_\_\_

Franklin Park, MA (5k): \_\_\_\_\_ Holmdel Park, NJ (5k): \_\_\_\_\_

List your best times for any/all of the following **road race** distances:

3.1 miles (5k): \_\_\_\_\_ 5 miles (8k): \_\_\_\_\_

6.2 miles (10k): \_\_\_\_\_ Other (specify): \_\_\_\_\_

## Track & Field Information:

Circle the grades in which you have done **indoor track & field**: 7 8 9 10 11 12

Circle the grades in which you have done **outdoor track & field**: 7 8 9 10 11 12

Your coach: \_\_\_\_\_ His/her e-mail: \_\_\_\_\_

List your best times for any/all of the following **track & field** events:

55m: \_\_\_\_\_ 100m: \_\_\_\_\_ 200m: \_\_\_\_\_ 300m: \_\_\_\_\_

400m: \_\_\_\_\_ 500m: \_\_\_\_\_ 600m: \_\_\_\_\_ 800m: \_\_\_\_\_

1000m: \_\_\_\_\_ 1500m: \_\_\_\_\_ 1600m: \_\_\_\_\_ 1 Mile: \_\_\_\_\_

3000m: \_\_\_\_\_ 3200m: \_\_\_\_\_ 2 Mile: \_\_\_\_\_ 5000m: \_\_\_\_\_

10,000m: \_\_\_\_\_ 55m HH: \_\_\_\_\_ 100/110m HH: \_\_\_\_\_ 300m IH: \_\_\_\_\_

400m IH: \_\_\_\_\_ 2000m SC: \_\_\_\_\_ 3000m SC: \_\_\_\_\_ High jump: \_\_\_\_\_

Pole vault: \_\_\_\_\_ Long jump: \_\_\_\_\_ Triple jump: \_\_\_\_\_ Shot put: \_\_\_\_\_

Weight throw: \_\_\_\_\_ Hammer: \_\_\_\_\_ Discus: \_\_\_\_\_ Javelin: \_\_\_\_\_

Pentathlon: \_\_\_\_\_ Heptathlon: \_\_\_\_\_ Decathlon: \_\_\_\_\_ Other: \_\_\_\_\_

What do you consider to be your **primary** event(s)? \_\_\_\_\_

### Which sports will you play in college?

Cross Country: \_\_\_\_\_ Indoor and Outdoor Track & Field: \_\_\_\_\_ Other (specify): \_\_\_\_\_