Connecticut College Campus Community Coalition (Mental Health Coalition)  
April 5, 2016  
Minutes

I. Attendees - CC Curtis, Mary Devins, Ruth Grahn, Judelysse Gomez, Marcela Grillo, Claudia Highbaugh, Donna Holman, Alex Hybel, Liz Longley, Deb MacDonnell, Scott McEver, Catherine Moffett, Jenn Nival, Janet Spoltore (Chair), Ruichen Sun, Emily Tarsis

II. 2016-2017 Meeting schedule 2x per semester; 9-10:00 a.m. Cro-Alice Johnson Room  
Next meetings: Tuesday October 11, 2016; December 6, 2016; February 7th, 2017; April 4th, 2017

III. Updates/Reports
Student Counseling Services
   i. SCS accepted 2 new Practicum Students for next year/one existing intern returning  
      Potential for Practicum Student working with Athletes, especially re: NCAA Best  
      practices for understanding and supporting student athlete mental wellness  
   ii. SCS hired 2 post-doc positions for next year (LGBTQIA counselor/Multicultural counselor)  
      Inclusion of Post-doc in Coalition Meetings  
   iii. Camp Teach & Learn will have Bryana and Janet present on Multicultural Counseling  
   iv. Tuition Insurance-Lack of parity between physical and mental health; JED Foundation and  
      Columbia Graduate School of Public Health Project to determine needs; Reviewed final paper
      Community of Care Exec working on  
      Mindfulness Programming  
      National Eating Disorder Screening in March-More collaboration needed  
      reviewed and made recommendations  
      Narcan for opiate o/d
Active Minds
   vi. I Have a Therapist campaign posted  
   vii. Post-Secret even occurred  
   viii. Eating Disorder Awareness program presented  
   ix. Laugh More Stress Less (April 17th 11-2) event scheduled
Wellness/AOL (CC Curtis)
   x. Think Outside the Bottle Day planned (April 28)
   xi. Sleep awareness passive campaign occurring
Athletics- (Liz Longley)
   Lax-for-life program no longer a national level program but is there a space for providing a  
   wellness program at Wesleyan Lacrosse game Wednesday on April 27th at 6:30.  
   Liz suggests we do programming around concussions also at the event. Ideas?  
   Self-care for Caregiver training was suggested for peers who provide peers with support (e.g.  
   teammates etc.)-work on this for next year with SCS Post-doc/Intern

IV. (Suicide Prevention) Gatekeeper training progress and plans
Community of Care: Be the 1! - Faculty/Staff group -to set up for next semester (Ruth will provide Janet  
   with dates)
Staff-Continue to try to engage custodial and dining services/set up additional training-ideas discussed  
   Training with REAL Student Staff in August  
   Training of students through Orientation and first year seminars  
   Student Support Network-Practicum students to run in fall, with Jessica (intern) coordinating.

V. Other- CC Curtis, Cate Moffett and Janet Spoltore presented Wellbeing Proposal for  
   Curriculum/Strategic Planning-PowerPoint