

## Allergy Immunotherapy General Guidelines

Student Health Services (SHS) is able to administer select allergy immunotherapy injections. Before beginning treatment, we must review your allergy vaccine records and treatment protocol. One of our medical providers will need to evaluate and approve your protocol before administration.

Please note the following requirements and guidelines:

- Patients must bring an epinephrine auto-injector (EpiPen) to every appointment.
- A physician (MD) is not on-site during injection visits; however, advanced practice providers (NP/APRN) are always present.
- Patients are required to remain in the office for at least 30 minutes after each injection for observation.
- Your allergist must complete and sign the required documentation confirming that you are eligible to receive injections at SHS and acknowledging these policies.
- Students are responsible for properly transporting and storing their allergy serum between their allergist's office and SHS, including during school breaks. Proper storage is between 36°F - 46 °F and 2°C – 8 °C
- The current cost of injections at the time of each visit is:

\$15 for 1-2 injections

\$25 for 3-4 injections

We encourage you to review this information with your allergist as you consider your options.

If you choose to proceed, please submit your records for review using the contact information provided at the top of this page. We are also happy to answer any questions you may have throughout this process.

Dear Allergist:

The Student Health Service at Connecticut College provides allergy shots that are ordered and supplied by a community allergist from the student's hometown. This allows them to continue to benefit from the care of their hometown physician while avoiding the time and expense of going home for each injection. The intent of this letter is to explain our service to community allergists such as yourself so that your patient can continue to receive their injections in a safe and convenient manner.

**Please Note:** Advanced Practice Providers Staff Student Health Services. There is **not** a physician present.

At any given time, we have patients cared for by many different allergists, each with their own order forms and labeling practices. The following guidelines were written with patient safety as the highest priority.

**Each ALLERGEN VIAL must be labeled with:**

- Patient Name and DOB
- Allergen/Dilution
- \* Expiration Date

John Doe	DOB: 01/01/2010
Vial A (weeds, trees, grass)	
1:10 dilution	
Expires 10/25/28	

**\*\*ALLERGEN INJECTION ORDERS: \*\***

Every Allergist office should supply a typed out build up schedule which includes, the dosing build up for each concentration of vials provided and the amount of days allowed between injections and this must be signed by the student's hometown Allergist, prior to administration of Allergy injections at our office. Student Health Services will use a standardized Connecticut College/Hartford Healthcare form to document the allergy vaccine administration. This requirement reduces the risk of error inherent in the use of multiple different administration forms from various offices.

**REACTION PROTOCOLS FOR ALLERGIC REACTIONS:**

The Allergist as the ordering provider must provide clear guidance on how to proceed with subsequent dosing for local or delayed reactions.

**Please Note:**

Student Health Services has limited hours. Student Health is closed during winter and summer break, and we have limited clinician coverage during the two-week spring break. Please consider this as you plan allergy dosing and appointments for a student residing on campus at Connecticut College in New London, CT. Local Urgent Care Centers DO NOT administer allergy injections, and local allergist offices will not administer allergy injections unless they have formulated the serum themselves.

In the interest of safety, we decided to eliminate the possibility of confusion about the sequence and strength of allergen doses by requiring standardized ordering and labeling. I hope you will agree that following these guidelines is worth the additional effort in the interest of increased safety and convenience for your patient. If you have any questions, comments, or suggestions regarding this policy, please contact us.

Thank you.

Student Health Services  
Connecticut College

# Student Health Services No Physician Present

Date: \_\_\_\_\_

To Connecticut College Student Health Center:

Please be advised that this office agrees to the administration of allergy serum to our patient

\_\_\_\_\_ per written schedule. A Physician

Assistant or Advanced Practice Registered Nurse on site with emergency response available.

\_\_\_\_\_  
Printed name of Ordering Physician/ Allergist

\_\_\_\_\_  
Signature of Ordering Physician/ Allergist

\_\_\_\_\_  
Date

**Serum Arrival to Student Health Services**

The preferred method of serum transport is for the student to carry and hand deliver to SHS. As a last resort if serum must be shipped please follow the below steps.

- The serum must be sent overnight and requires a signature upon delivery to confirm receipt.

Connecticut College  
Student Health Services  
Warnshuis Health Center  
270 Mohegan Avenue  
New London, CT 06320

- Serum should arrive Tuesday through Thursday between 9:00 AM and 4:00 PM.
- All vials must be packaged appropriately to prevent damage to Allergy Serum. Temperature is controlled using ice packs and vials. Proper storage temperatures must be secured between 36°F - 46°F or 2°C - 8°C. All paperwork with directions and schedule for dosing administration, along with guidelines for both local and systemic reactions per office protocol, should be included with the vials when shipped.
- All vials must be labeled with:
  - ❖ Patient Name
  - ❖ DOB
  - ❖ Vial # (1, 2,3) or Letter set (A, B, C)
  - ❖ Concentration of Serum
  - ❖ Expiration Date of Serum

John Doe	DOB: 01/01/2010
Vial A (weeds, trees, grass)	
1:10 dilution	
Expires 10/25/28	

If serum arrives at Student Health Services without the required information, there will be a delay in the administration of Allergy Serum. This delay will depend on the time needed to contact the external office for clarification or obtain new vials if necessary.

