

# GRIEF SUPPORT GROUP

Spring 2021

For those who have experienced the death of someone significant

“The only way to get to the other side is  
to go through the door.”

Helen Keller

Join us as we support each other and discuss some of the ways the loss of someone significant can affect our lives.

The purpose of this group is to provide information about the grief process; to share experiences; and to alleviate the feeling of isolation.

**FRIDAYS 2-3 PM on ZOOM**

Please contact Tina Forster in Student Counseling Services if you are interested in participating in this group or if you have any questions. [tina.forster@conncoll.edu](mailto:tina.forster@conncoll.edu)

Connecticut College Student Counseling Services