STUDENT COUNSELING SERVICES

COMING TOGETHER TO PROCESS AND EXPLORE IDENTITIES AND EXPERIENCES

JOIN THE BIPOC AND/OR LGBTQIA+ IDENTITY-BASED GROUP THERAPY OPPORTUNITIES FOR STUDENTS AT SCS! NO PRIOR PARTICIPATION REQUIRED!
GROUP DESCRIPTION:

Bigotry related to aspects of identity including (and not limited to): race, ethnicity, sexual orientation, and gender has a deleterious psychological impact on its targets, its beneficiaries, and society. Individuals’ psychological health and wellbeing may be supported by communal spaces that allow for exploration, celebration, affirmation, and empowerment related to aspects of identity. This Spring SCS is offering identity-focused groups that will serve as opportunities for students to engage in the aforementioned processes.

HOW TO JOIN

Email scs@conncoll.edu, subject line "Identity-Based Group Therapy", include student schedule and/or questions.

***Group schedule will be made with interested students’ availability in mind